Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 22 May 2023 until 23:59 on Tuesday 23 May 2023

Forecast Issued on Sunday 21 May 2023 at 12:09 by Met Office Aberdeen

Confidence: High confidence in high pressure dominating over the coming days bringing generally settled conditions. Lower for detail of weak fronts on Tuesday and Wednesday.

Headline for Monday 22 May 2023: Mainly dry with sunny spells.

Mountain weather hazards on Monday 22 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny	Sunny	Sunny intervals	Cloudy
Precipitation probability							
30%	20%	10%	10%	<05%	<05%	10%	10%

Forecast for Monday 22 May 2023

Weather: Low cloud mainly affecting the east through the early hours, perhaps giving the odd spot of rain but this soon clearing eastwards by dawn. Dry and fine thereafter with sunny spells.

Chance of cloud-free hill tops above 800m: 30% in the east during the early hours, otherwise 90%.

Low Cloud and visibility: Low cloud, base 500-700m, in the east for the first couple of hours then clearing. Good visibility.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 22 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	12/15 NW	11/14 NW	11/15 N	13/18 NW	15/22 NW	15/23 NW	14/21 NW	11/15 W	13/17 SW
900	5/7 W	7/11 W	8/11 NW	10/15 NW	13/20 NW	14/21 NW	13/20 NW	9/13 W	8/12 W
600	7/9 SW	7/10 SW	6/10 SW	7/12 NW	12/18 NW	12/19 NW	11/18 NW	8/12 W	8/12 SW
300	4/6 S	4/8 NW	4/7 N	7/12 NW	11/18 NW	11/19 NW	10/19 NW	5/11 NW	4/7 SW
Glen	6/13 W	6/13 W	3/7 N	8/14 NW	10/19 NW	11/21 NW	11/21 NW	7/14 W	4/9 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	3/-2	1/-4	-0/-5	0/-5	2/-3	3/-2	2/-2	1/-4	0/-4
900	5/4	4/0	3/-0	4/1	6/3	8/4	6/2	4/1	3/0
600	7/5	5/3	5/2	6/4	8/6	10/7	8/6	6/4	5/2
300	8/8	8/6	7/6	9/8	11/9	12/10	10/8	8/7	7/6
Glen	10/8	9/7	9/8	12/11	14/12	15/12	13/10	10/8	9/9
Freezing Level*	1600m	1400m	1100m	1200m	1400m	1400m	1300m	1200m	1200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling cold at height despite pleasant temperatures at lower levels.

Forecast for Tuesday 23 May 2023
Weather: A fine start to the day but low cloud feeding in from the northwest after dawn, bringing the odd spot of rain or drizzle. Lingering through the majority of the day but brightening up into the evening. Brighter conditions in the south and east for much of the day.

Maximum wind: Westerly 10-15mph.

Chance of cloud-free hill tops above 800m: 90% during the early hours, lowering to 40% from around dawn in the north and west until early evening. Otherwise 60-70%

Low Cloud and visibility: Low cloud, base 600-800m, in the north and west after dawn. Good visibility below cloud level.

Temperature: **Glens:** Plus 9 rising to plus 15 Celsius.
At 800m: Plus 2 rising to plus 6 Celsius.
Freezing level: Above summits.

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